

LEU GARDENS WORKSHOP

Prevent & Treat Allergies With Chinese Herbs

- It is well known that Chinese Medicine strives for a harmonious transition between the changing of seasons.
- Learn how to use Chinese Herbs to balance the immune response to prevent and treat seasonal allergies.
- There will be a selection of herbs to touch, see and smell.
- Each student attending will receive informational handouts and have the opportunity to sample a homemade herbal soup.



Dr. Fu will share her knowledge and experience with the class about Chinese Herbs.

If you are looking for a natural way to prevent and treat seasonal allergies, then this class is for you.



Address: Leu Gardens • 1920 N. Forest Ave. • Orlando, FL

Date & Time: Saturday February 20 from 10:00am-11:30am

Location & Fee: Palm Room / \$14 (Members \$8)

Phone & Web: (407) 246-3621 / www.leugardens.org

Registration and prepayment required by 5:00 p.m. the day before the class.

Due to the demand for classes and our limited space, students must withdraw from classes at least **seven working days** prior to start of the class in order to receive a refund or credit. If **we** must cancel a class, we will make every effort to inform you and you will receive a full refund or credit.

Sorry, we cannot accept walk-ins.